

## WOW Breakfast and Snack Menu- October 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>Breakfast:</b> Cereal/with Apples and Milk <b>Snack:</b> Fig Newton with Peaches	<b>2</b> <b>Breakfast:</b> Blueberry Bagels/cream cheese and Peaches <b>Snack:</b> Ritz Crackers with American Cheese Slices	<b>3</b> <b>Breakfast:</b> Pancakes with Fruit Cocktail <b>Snack:</b> Graham Crackers with Blueberries	<b>4</b> <b>Breakfast:</b> Mini Muffins with Peaches and Cottage cheese <b>Snack:</b> Goldfish with Pineapples	<b>5</b> <b>Breakfast:</b> Cereal with Cantaloupe and Milk <b>Snack:</b> Cheddar Cheese cubes and Ritz crackers
<b>8</b> <div style="text-align: center;"><b>Closed</b> <b>Columbus Day</b></div>	<b>9</b> <b>Breakfast:</b> Hard Boiled Eggs with Cantaloupe and Milk <b>Snack:</b> Vanilla Wafers with Fruit Salad	<b>10</b> <b>Breakfast:</b> Mini Blueberry Muffins with Oranges <b>Snack:</b> Cucumbers with Hummus and Goldfish	<b>11</b> <b>Breakfast:</b> Biscuits with Bananas and Milk <b>Snack:</b> Vanilla Yogurt with Peaches	<b>12</b> <b>Breakfast:</b> Cereal with Honeydew and Milk <b>Snack:</b> Graham Crackers with Mandarin Oranges
<b>15</b> <b>Breakfast:</b> Cereal with Pears and Milk <b>Snack:</b> Ritz Crackers with Peaches	<b>16</b> <b>Breakfast:</b> Bagels with cream cheese, pears and Milk <b>Snack:</b> Steamed Carrots veggie dip and String cheese	<b>17</b> <b>Breakfast:</b> Waffles with Cantaloupe and Milk <b>Snack:</b> Wheat Thins and Applesauce	<b>18</b> <b>Breakfast:</b> Cheese Toast with Mandarin Oranges <b>Snack:</b> Teddy Grahams wit Mangos	<b>19</b> <b>Breakfast:</b> Cereal with Oranges and Milk <b>Snack:</b> Trial Mix with Apricots
<b>22</b> <b>Breakfast:</b> Cereal with Peaches and Milk <b>Snack:</b> Cheez Itz with Cantaloupe	<b>23</b> <b>Breakfast:</b> Cheese Omelet with Biscuit and Apples and Milk <b>Snack:</b> Saltine Crackers with Pears and Cheese cubes	<b>24</b> <b>Breakfast:</b> Pancakes with Strawberries and Milk <b>Snack:</b> Pita Bread with Hummus and Bananas	<b>25</b> <b>Breakfast:</b> English Muffins with Pears and Milk <b>Snack:</b> Oranges with String Cheese	<b>26</b> <b>Breakfast:</b> Cereal with Bananas and Milk <b>Snack:</b> Cucumber with veggie dip and Cheez itz
<b>29</b> <b>Breakfast:</b> Cereal with Applesauce and Milk <b>Snack:</b> Animal Crackers with Blueberries	<b>30</b> <b>Breakfast:</b> French Toast Sticks and Cantaloupe with Milk <b>Snack:</b> Peaches with Cottage Cheese	<b>31</b> <b>Breakfast:</b> Vanilla Yogurt with Blueberries and Granola <b>Snack:</b> Mini Muffins with Mandarin Oranges		